

KINDERGARTEN READINESS CHECKLIST

Parents often ask what they can do to help their child get ready for kindergarten. Practicing these skills will help make your child's first weeks in kindergarten more enjoyable and more successful!

Academic Skills

- ☐ Say full name
- ☐ Write & Spell first name
- ☐ Recognize letters
- ☐ Listen to a story and retell the main events
- ☐ Count orally to 20
- ☐ Recognize numbers 1-10
- ☐ Identify basic shapes and colors

Life Skills

- ☐ Tie shoes
- ☐ Bathroom skills: button/unbutton pants, using a stall or urinal, wiping themselves, washing hands.
- ☐ Lunch/snack skills: Practice opening/closing items and talk about what to throw away and what needs to come home.
- ☐ Practice using scissors
- ☐ Practice holding pencils and crayons properly

